



ISSUE 28, WINTER 2018

NLCFN Newsletter

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MESSAGE FROM THE EDITOR



Hello and welcome to the winter newsletter. It has been a very busy time and the newsletter is packed with news and information from our members. Our flagship conference in Telford was a huge success with excellent feedback and we look forward to our 20th anniversary conference in Heathrow next November. Make sure you save the date and join us for another inspiring and informative two days. The committee have been working hard on your behalf and have facilitated a popular annual workshop, the findings of which were presented at our conference. Next year the workshop is starting earlier, February 2019 do make sure you join us to be part of another successful project. Also new for this year is the digital online learning modules in partnership with Oncology Nursing Practice. The first on immunotherapy was launched at conference with more modules are planned for 2019. These are free for forum members, please take the time to complete and feed back your comments; your opinions are paramount.

This autumn highlighted the extensive wealth of experience within the NLCFN with many members having abstracts accepted not only at our conference but also IASLC and ESMO. The Forum provides travel bursaries to ensure nurses are able to attend these prestigious events; please submit your work and you too could be attending. Once again UK nurses led the way at the World Conference on Lung Cancer with their innovative work and excellence in patient care.

The UKLCC launched their report 'Millimetres Matters' and I was fortunate to attend the launch and workshop. This report has the potential to change practice with early diagnosis and treatment and I would encourage you to read and think how this can be implemented in your practice.

Mesothelioma UK launched their campaign to raise awareness of patients exposed to asbestos while serving in the armed forces and we heard at conference how this very important project is improving the lives of patients with mesothelioma.

Finally, we said goodbye to Jeanette Draffan whose tenure on the committee came to an end. We will miss Jeanette's enthusiasm and drive at our meetings and beyond. We welcome and congratulate Pamela Rose who succeeds her.

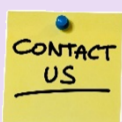
On behalf of the committee, led by our inspiring chair Vanessa Beattie, and Red Hot Irons we would like to wish all our members a happy and peaceful Christmas and New Year, ensure you're rested as 2019 looks to be another bumper busy year!

Karen Clayton, NLCFN News Editor

Season's Greetings to all our members



The National Lung Cancer Forum for Nurses



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NLCFN Annual Conference Feedback



Hilary Neal

This years' NLCFN conference was a great opportunity to network with colleagues and share knowledge.

The presentations were all extremely informative and gave a great insight into the changing and challenging landscape of lung cancer. The conference captured the excitement and enthusiasm within the field of lung cancer nursing and clearly presented the new and exciting service developments that are being carried out across the UK.

The lively debate on DS1500 prompted discussion and further debate amongst us all and has encouraged us to think about the way in which we support patients and the session on our own well-being was thought provoking and very entertaining.

A great evening at the Gala dinner allowed us to relax, have fun and catch up with colleagues whilst also recognise those who had won awards. Thank you to all the board members who made it happen.

Bing Smith

I attended NLCFN annual conference for the second time. I feel that it benefited me just as much as last year.

The speakers are all up to date with their knowledge and I gained a great deal on new treatment and management for lung cancer. I found the most helpful area is the presentations from last years winning project and these have given me some ideas on improving services locally.

I presented a poster at the conference this year about a project I as encouraged to do by the NLCFN committee. I have learnt so much about preparing the abstract and poster and I really enjoyed it. On reflection, I feel that I would never have had the courage to do a poster if I had not attended the NLCFN conference. My thanks to all those at the NLCFN who encouraged and supported me.



Marie Eaton

The NLCFN conference is always the highlight of the year for the Lung Cancer CNS and this year was no exception. The sessions were well planned, thought provoking and extremely relevant to professionals all stages of their career. I

particularly enjoyed the sessions on thymoma and immune checkpoint inhibition which were very interesting and educational and gave me tangible information to take back to my daily work.

Drew Povey was inspiring as ever and brought the conference to a close by sending us all home feeling very positive and inspired.

The whole conference was excellent from start to finish, so thank you to the fantastic committee who work so hard all year round securing sponsorship and thinking about how to share knowledge and promote networking to provide the best possible care to our patients up and down the country.



Natalie Barnett

I thought that the 2018 NLCFN conference was excellent. There were a great range of speakers and topics, all of which were of interest and pertinent to our role as

lung cancer nurses.

This year I was given the opportunity to be a speaker and it was the first time I had presented to such a large group of people. Although I can't pretend I was relieved when I had completed my presentation I was proud to have been given the opportunity to share the work we are doing as a team.

The conference each year always manages to make you come away feeling, inspired, motivated and proud to be part of such an amazing and dedicated group of professional and I look forward to next years conference.



Karen Connolly

This years conference was inspiring with lots of thought provoking information and ideas.

I came away feeling very enthusiastic about the

future, how small changes can make a big difference and how we can develop our service locally to improve patient care.

It was particularly interesting to hear about the rarer tumours that we do all come across and where we can get support for this cohort of patients.

The debate, as always, was good fun with fantastic arguments from great speakers and really got everyone involved.

Information about the optimal lung pathway was really good as this is a topic of focus at the moment for improving the patient pathway.

Learning how people are implementing the pathway in their own areas to improve patient care really helped us to think about how we can start to make changes in our area.

And of course the evening celebrations were great fun.



Melanie Barron

Having been in post as a Macmillan Lung Cancer Nurse specialist for over six years now, this is my third NLCFN annual conference. It didn't disappoint and I now have enough pens to last me until my next event!

I am lucky that two of the three time I have attended I have been awarded the NLCFN travel bursary which has covered my travel costs in full.

The second day of the conference was extremely emotional especially the talk from David Staley and his wife Alison – there was not a dry eye in the house. I feel patient stories are always the part of the conference that has the most impact. The conference is a fantastic opportunity to see some of the fabulous work being done across the county by lung CNS'. It also allows you the opportunity to reflect on the work you are doing, which as Vanessa said we just accept as the morn, but we really should be celebrating.

I left without a Hero or a Celebration (you had to be there) but nevertheless as always I left feeling inspired, proud and privileged. If you haven't been, you really don't know what you are missing... get yourself to Heathrow 2019. You won't regret it – let's make the impossible possible



Lesley Holland

The International Centre, Telford was the venue for this year's conference, and what an excellent venue it was, right from the seating, food, organisation and evening entertainment. It all ran like clockwork. I thought staying in a hotel away from the venue would be strange, but it wasn't, it was nice to be able to have a short walk and to get away from the venue for a little time.

A big focus was on the NOLCP and it was great to see how this new process is working in other areas and shows that it can be done in our areas with some creative thinking and flexible working. I found the mesothelioma update really useful and the patient account utterly moving and meaningful. Conference is always inspiring and puts the bounce back into my step at work, the final session from Ann Burgoyne regarding looking after yourself, and then again Drew Povey in showing that being optimistic and positive can make a huge difference to you personally, and within the team. It was definitely not to be missed and I left feeling quite emotional but uplifted.

This conference for me was tinged with sadness as I am retiring and moving to new challenges, I would like to take this opportunity to thanks the NLCFN for funding the cost of my travel to this event, and for the tireless commitment and enthusiasm they give to the world of lung cancer nursing.



HOLD THE DATE
20th Anniversary conference of the NLCFN
14/15 November 2019, Radisson Blu Hotel, Heathrow

Annual Workshop 11/12 February 2019 Birmingham



The 16th Annual NLCFN Workshop will take place from Monday evening 11th February through to Tuesday 12th February 2019 in Birmingham. Registration costs are covered by NLCFN along with reimbursement of standard class travel expenses up to a maximum of £100.

This is an exclusive opportunity for NLCFN members to explore and get involved in a highly relevant project which will help support professional development and contribute towards revalidation requirements. Previous projects have been presented at both NLCFN and BTOG and at the World Conference on Lung Cancer.

This year's workshop will follow the same format as 2018 and the topic - *The implication of the CNS role with the development of new ways of working, incorporating nurse led clinics, the NOLCP and advances in immunotherapy treatments*- has already been selected although the specifics of the project have not yet been agreed and you will have the opportunity to help shape the project.

This is a popular course and places are limited so make sure you apply now to ensure your place

For more information and to apply login and then visit <https://www.nlcf.org.uk/nlcf-annual-workshop>

Oncology Nursing in Practice – digital learning platform

In an exciting partnership with PCM Scientific the NLCFN was delighted to launch the Oncology Nursing in Practice digital learning platform at the conference.

This exciting development brings you free accredited online learning tools and resources. Each module features interactive learning stimuli such as videos, animation and quizzes. The materials incorporate course reading, links to guidelines and downloads plus assessment questions.

There is an emphasis on clinical applications of subject matter and guidance is provided on handling patient questions to assist with ongoing patient support programmes.

The materials have been produced in association with a dedicated NLCFN faculty and the programme is endorsed by the NLCFN. Accreditation is in process through the Royal College of Nursing (RCN).

The initial learning modules are on the following topics:-

- Biomarkers and their emerging role in lung cancer
- immunotherapy in lung cancer

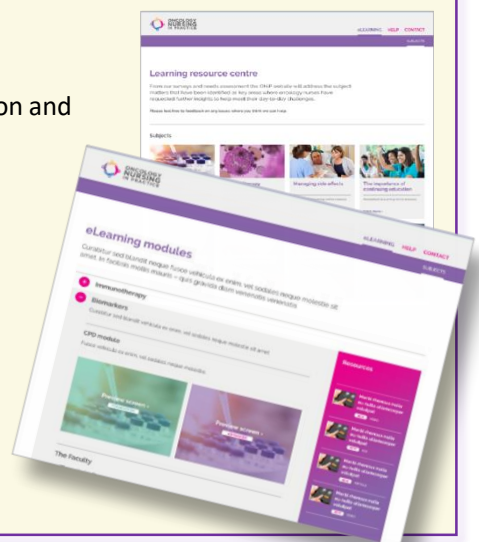
Each of the above modules is provided at two learning levels - foundation and advanced level modules.

Modules have been created as a 1 hour learning experiences

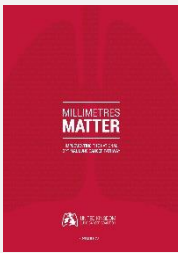
- 30 minute interactive module
- 30 minute pre-reading and review materials

New modules have already been commissioned on the following topics and will be available in 2019:-

- Palliative care
- Smoking cessation
- How to build a business case to support enhanced lung cancer nurse led services (e.g. nurse led clinics)
- Living with and beyond lung cancer



NEWS, FEEDBACK AND PUBLICATIONS



UKLCC Workshop on early and rapid diagnosis of lung cancer

I attended the UKLCC workshop on 28th November 2019 in London. The event was a joint venture with CRUK and brought together over 100 professionals working in lung cancer from primary and secondary care.

The morning was a series of quick fire presentations on the practical aspects of lung cancer screening and an overview of the Nelson trial. Lung health check presentations from both Manchester and Liverpool were enlightening looking at the issues raised not associated with the disease; for example new diagnosis of COPD or cardiovascular disease. The take home message was that lung screening is coming, it is just a matter of how? Dr Callister at Leeds discussed the wider involvement of the general public and the removal of stigma and barriers to seeking treatment

The audience also heard the primary care perspective and how difficult it can be to maintain a balance of over- or under-investigating and how GPs' need more robust guidance and pathways to aid decision making. There was an interesting presentation on multi-disciplinary diagnostics clinic for those patients with vague symptoms and how this pathway is picking up early lung cancer. It was agreed more work needs to be done to have a streamlined pathway.

The afternoon was dedicated to workshops which enabled the delegates to discuss their own experiences of successes and failures of implementing the NLCOP. It was a great opportunity to network with primary care and understand the issues faced, how these could be overcome and also for primary care to hear of the challenges in secondary care. For example, the GP on our table didn't know how the MDT worked and what investigations were needed before a patient was presented. She said this would inform her practice as she could advise her patients of these probable tests and that the decisions were multi-disciplinary and how they were achieved. This simple piece of information that we as lung CNS' take for granted was a real eye opener for the GP.

There is lots of work to do and I would encourage everyone to read the UKLCC report [Millimetres Matter](https://bit.ly/2GcQrfB) (<https://bit.ly/2GcQrfB>) to further reinforce our knowledge and empower our patients.

Karen Clayton

West Midlands Lung Cancer Nurse Forum

West Midlands Lung Cancer Nurse Forum welcomes new members to their meetings.

The Lung Cancer Clinical Nurse Specialists based in the West Midlands, (Shropshire, Staffordshire, Warwickshire, Herefordshire and Worcestershire) meet three times a year to discuss all things Lung Cancer and to share good practice and ideas.

The meetings are chaired by Alison Wills and Christine Jordan from Worcester Hospitals NHS Trust, and are attended regularly by a core of approximately 18 nurses. But the West Midlands Team would like to welcome more of you!

To give a taster of a meeting, to date there have been talks from Oncologists, surgeons, Nurses, Physiotherapists, Physiologists, Hospice Consultants and Welfare teams, to name but a few. Topics are always varied and interesting, from SBRT to Tai Chi, and due to the generous support of our Pharmaceutical reps and Irwin Mitchell, it is a free meeting (including a lovely lunch as well).

If you would like more information and dates for future meetings, please contact either Alison Wills or Julia McAdam via email. We look forward to meeting you all in future.
alisonwills@nhs.net or Julia.mcadam2@nhs.net

NEWS, FEEDBACK AND PUBLICATIONS

ESMO, Munich, Germany 19-23 October 2018

With Julia McAdam I recently attended ESMO 2018 conference. What an amazing experience it was. My first impression was the enormity of the conference and high number of delegates. What was very evident; among lung cancer experts there is much excitement that lung cancer treatments and outcomes are at long last improving. I was shocked and somewhat overwhelmed by the investment and high number of lung cancer trials; neo-adjuvant trials, adjuvant trials and combination therapy trials, surgery vs radiotherapy. What I did not expect (and was impressed by) was the honest and open updating of negative trials. If you get the opportunity to attend I would encourage you to do so. There was very little going forward with small cell lung cancer treatment; but there is much research being undertaken into mutations, the use of immunotherapy etc., I have no doubt in time we will have innovative new treatments available. Julia noted that it was very apparent how proactive we nurses are in the UK. We are advocates for patients, we support patients (and carers) we support each other and share best practice with our colleagues. As UK lung cancer nurses, we are also respected by our medical colleagues. We have much to share with our international nurse colleagues. Julia and I plan to submit an abstract to ESMO next year.

I would urge you all to consider submitting abstracts to international conferences, (World Lung and ESMO are both in Barcelona in September 2019,). If accepted NLCFN will help with poster production and may assist with sponsorship to attend. I need to thank Takeda for sponsorship to attend ESMO 2018.

Carol Davies and Julia McAdam
Macmillan Lung Cancer Nurse Specialist.



All Wales Lung Cancer Forum

In October the All Wales Lung Cancer Forum (AWLCF) held its 18th Annual Conference. The highlight of the day for me was the first speaker, a patient. She told of her shock when diagnosed with lung cancer, “I am young, a non-smoker, fit and active, well not ill.” She described feelings of realization and dread when driving into the Cancer Centre for the first time and seeing the sign ‘Cancer Centre’. Of sitting in the waiting room looking at all the people knowing they were all affected by cancer in some way. Of thinking ‘I don’t belong here!’ ‘This is not my life!’ She identified how important it is that we healthcare professionals ask permission of patients. For example, can I remove your gown or I need to move your gown now (rather than just doing it) when having radiotherapy. There was a strong theme throughout her talk; she eloquently described how important it is to be included in treatment conversations and noted that patients want to be treated as an individual, and treated with dignity and respect. We all know this (but does it always happen?) – It was so powerful hearing from someone on the other side. An exceptional start to the day.

Dana Knoyle talked about the implementation of the single cancer pathway in Wales. We then had an excellent and thought provoking talk by Pat Warlock about Advance Care Planning (ACP). ACP is not an end of life discussion but something we should all talk about with our loved ones. Cath Eimon finished the morning sessions with a passionate talk about smoking cessation. Following lunch Sarah Morgan gave an overview of mesothelioma diagnosis and treatment. We then had a talk on the oncology management of Lung Cancer. Dr Mick Button using case studies give reviews of treatment including immunotherapy genetics and chemotherapy. The final presentation and my second favourite sessions of the day was the surgical management of Lung Cancer by Mr Ainis Pirtnieks. It included a video of VATS procedure which kept bums on the seat as no-one wanted to leave. The session was highly rated by delegates.

Carol Davies Macmillan Lung Cancer Specialist Nurse
South Wales

NEWS, FEEDBACK AND PUBLICATIONS

INTERNATIONAL ASSOCIATION FOR THE STUDY OF LUNG CANCER



Feedback on World Conference on Lung Cancer, 23-26 September 2018



Jenny Mitchell Advanced Nurse Practitioner, Thoracic Surgery Oxford University Hospitals NHS Foundation Trust

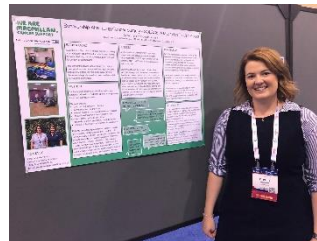
I was delighted to be able to attend the conference. The International thoracic oncology nursing forum

(ITONF) workshop took place on the first afternoon where I spoke about the latest developments in thoracic surgery in a session on the advances in treatment options. I was very pleased to have an abstract accepted for mini oral presentation in the conference and managed to present 'Development of a telephone clinic for patients undergoing long term follow-up after thoracic surgery' in the allotted 5 minutes. It was great to see so many of the other presenters in the session were from the UK, again demonstrating that we lead the way in the specialist nursing care of lung cancer patients.

Elsewhere in the conference there was a focus on the results of the NELSON lung cancer screening trial which could have a positive long term impact for patients at risk of developing lung cancer.

The travel bursary provided by the NLCFN was invaluable in allowing me to attend this conference, the support of the NLCFN undoubtedly encourages and assists nurses from the UK to present at international meetings and demonstrate how we lead the world in lung cancer nursing.

I would strongly advise anyone to submit an abstract, it may be something you do everyday but you'd surprised how interesting it would be on an international stage.



Charlotte Merriman Macmillan Advanced Nurse Practitioner, Oxford

I would like to express my gratitude to the NLCFN for their bursary, which helped me cover the

costs of flights and accommodation to attend the conference this year. This international platform gave me the opportunity to display a poster related to the lung cancer and thoracic surgery survivorship service, set up by myself and my physiologist colleague, at Oxford University Hospitals NHS Foundation Trust. The poster generated some interesting conversations and highlighted the differences in service provision worldwide.

The WCLC was a fantastic occasion, which provided multiple networking opportunities with nurses both in and outside the UK. It was inspiring to see the work taking place and thinking of ways to apply it my own practice. The use of telemedicine in nursing was a particular highlight for me. Since my return, I have been reviewing my service to see how we can better manage our workload by embracing the developments in technology



Karen Clayton Macmillan Lung CNS, East Cheshire NHS Trust

I was awarded a travel bursary to attend the conference; I had submitted an abstract on Lung CNS & Palliative Care CNS - dual role. After a cancelled flight I arrived and spent just 48 hours in Toronto.

The Conference gives the opportunity to showcase your service and is very inspiring. What shines through is how UK Lung CNS are striving forward with patient care compared to our international colleagues. It is also interesting to hear how different countries manage their patients and attitudes to different treatments and care.



Josie Roberts Macmillan Lung Nurse Specialist, Rotherham NHS Foundation Trust

Following the completion of the my research project 'What

do people living with and surviving lung cancer want and need from the Recovery Package', I was thrilled to have a poster presentation accepted at the 19th World Conference on Lung Cancer in Toronto and honoured to win the NLCFN conference annual award to work towards implementing the findings from the research.

NEWS, FEEDBACK AND PUBLICATIONS

Living with and beyond cancer is something we all need to be involved with and although the national programme is primarily directed towards breast, colorectal and urology cancers, I feel it is essential that people with lung cancer and mesothelioma embrace this initiative to help improve their quality of life.

As lung cancer CNS' we are vital in driving this forward to continually improve the support we can offer to all patients and carers receiving a diagnosis and treatment for all thoracic malignancies and the life changing consequences it has.



Sarah Cubbin
Lead Nurse common cancers and Lung Cancer Clinical Nurse Specialist

I had the fabulous opportunity in September to attend the conference.

I had an abstract accepted for a mini oral presentation on

nurse-led telehealth in thoracic oncology and was also invited to present at the allied health professionals workshop.

Attending a conference of this magnitude with a worldwide audience is not only an honour but also a huge pressure to deliver at a high standard. There was a varied audience at both sessions which generating interesting discussion and debate about telehealth due to worldwide differing health care models. However all agreed that telehealth certainly has a place in nurse led follow up.

Despite the nerves associated with presenting I was still able to enjoy the conference and attend some very interesting sessions. My only complaint was that so many I wanted to attend overlapped. I thank the NLCFN for their generosity in supporting my travel expenses, without which I would not have been able to attend this fabulous conference and come back to work enthusiastic and full of ideas for our lung cancer team.



Amy Kerr
Senior Thoracic Research Nurse, Heart of England NHS Trust

I was fortunate enough to attend the conference. I had the honour to present a massive piece of work undertaken by the National

Lung Cancer Forum for Nurses (NLCFN) Thoracic Surgical Group (TSG) which was a multi-centred, prospective, evaluation to identify readmission causes and complications within 30 days of primary lung cancer surgery. This project was supported by the NLCFN small grants scheme and the abstract submitted to the world conference on lung cancer was selected for a mini oral presentation.

The evaluation involved 6 UK thoracic surgical centres collecting prospective data over three-months, of the 268 patients enrolled 30 (11%) were readmitted with variable readmission rate across the 6 centres (3-24%). Common causes of readmission was mainly pulmonary related 19/30 (63%), however pain, wound infection and pneumothorax were also common. Readmission was associated with discharge with pleural drain 11/30 (37%) $p < 0.01$, 2 or more post-operative complications 11/30 (37%) $p < 0.01$, and the patient's readiness for discharge 9/30 (30%) $p = 0.001$. There was a trend toward the association with smoking 13/30 (43%) $p = 0.18$. This evaluation suggests further attention to patients presenting the characteristics associated with readmission, and incorporating patient's readiness for discharge may reduce readmission rate, this will be explored further by the TSG.

The conference was a fantastic platform to showcase how collaborative working in the TSG can produce really interesting data to help provide better support and care for our patients.

Finally, I would like to thank the National Lung Cancer Forum for Nurses for giving me the opportunity to attend the Conference via their conference funding which covered the part of my expenses. This conference is very interesting and enriches my experience with more information, knowledge and confidence.

MESOTHELIOMA NEWS



Mesothelioma UK – Supporting Our Armed Forces

Mesothelioma UK has launched a specialist, UK-wide service for Armed Forces personnel and veterans. This new service is called ‘Mesothelioma UK - Supporting our Armed Forces’.

In 2016, Mesothelioma UK applied for funding through a grant to support a specialist service for armed forces personnel and veterans who have been affected by mesothelioma, the asbestos related cancer. The funding is supporting a three-year project, aimed at raising awareness of the disease and establishing a shared approach to providing information and support for Armed Forces personnel and veterans.

Key facts and figures:

- The UK has the highest incidence of mesothelioma in the world with around 2,700 cases per year
- 84% of those diagnosed are male
- The average age for someone diagnosed with pleural mesothelioma is 75 years
- Currently eight veterans per month are claiming war pension due to a diagnosis of mesothelioma*

*Statistics from TheyWorkForYou open data from UK Parliament

The Mesothelioma UK - Supporting Our Armed Forces service:

- provides a specialist mesothelioma nurse, based in Southampton
- provides a finance and benefits advisor who can deal specifically with Armed Forces personnel and veterans

- works with multiple organisations and healthcare professionals, responsible for meeting the healthcare needs of Armed Forces personnel and veterans
- has developed a range of information resources to raise awareness of the disease within the Armed Forces and military personnel community includes the launch of a Facebook group for patients and anyone interested in the Armed Forces project - www.facebook.com/groups/mesoukarmedforces is undertaking a comprehensive research programme

Tel: 0800 169 2409

Email: info@mesothelioma.uk.com

Web: www.mesothelioma.uk.com/ArmedForces

Get MORE from Mesothelioma UK

Mesothelioma UK will soon be inviting mesothelioma patients to describe their experience of investigations, treatment and care through a nationwide survey.

The survey will enable Mesothelioma UK to inform health care providers about what is being done well, what could be improved and where there are variations in treatment and care.

It will also help Mesothelioma UK to develop its services to complement those of the NHS.

Mesothelioma UK will make recommendations representing the patient experience and circulate these to the wider mesothelioma community and health care providers.

Patients will be able to complete the survey online or they can request a paper copy. More information is available by contacting Mesothelioma UK on Freephone 0800 169 2409, emailing info@mesothelioma.uk.com or on the website www.mesothelioma.uk.com.

INFORMATION FOR PATIENTS

Support group for patients with thymic malignancies

Marrika Colvin, LCNS from Guys and St Thomas' is looking for your help with identifying patients with a thymic malignancy who would be willing to share their details and join their patient advisory group.

This has been a patient driven programme supported by the group here from Guys and St Thomas'. The group is looking to get names of 100 people in the UK with thymic malignancies to lobby Cancer Research to begin researching possible treatments. The group is motivated to increase awareness and engage support for this type of cancer.

The URL link below allows patients to sign. The patient is asked to give their name and email address to start with and then will be contacted.

<https://bit.ly/2Egb5J7>



United Kingdom

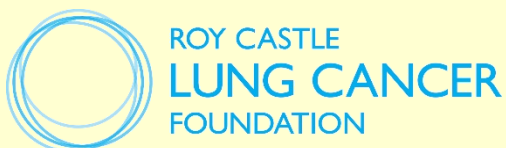
ALK Positive

<https://www.alkpositive.org.uk/>

ALK Positive is a group of patients and carers whose purpose is 'to provide empathy and support; to improve the overall survival and quality of life of ALK-Positive lung cancer patients' across the United Kingdom. The group's aims are:-

- To provide an information resource for UK patients, in particular access to information about latest developments and clinical trials
- To identify and locate UK ALK patients and to offer support and guidance on the location of UK ALK specialists and services
- To influence decision makers, e.g. NICE, NHS, DVLA and raise awareness of ALK, particularly amongst the medical profession so as to promote the best treatment for patients.

The group is a companion group to the ALK Positive Worldwide group (both are for patients, family and carers only) <https://www.facebook.com/groups/ALKPositive/>



Helping patients face the fear of a lung cancer diagnosis

This year, as part of its campaign for Lung Cancer Awareness Month (LCAM) 2018, the Roy Castle Lung Cancer Foundation challenged the misconceptions around lung cancer to improve awareness, attitudes and, ultimately, early detection and survival rates. Their campaign called [Face Your Fear](#) aims to help people recognise symptoms. Resources include a [virtual reality](#) experience, case studies and a [symptom tracker](#) and [referral steps](#).

RESEARCH NEWS

The Research Interest Group

The National Lung Cancer Forum for Nurses (NLCFN) is keen to develop research and evaluation activity to help improve care and services within lung cancer. With this goal in mind the NLCFN established a Research Interest Group (RIG) in 2010. This RIG aims to facilitate collaboration and dialogue between clinical and academic colleagues and bring together experienced researchers and nurse specialists with a declared interest in lung cancer and research.

New members welcome!!!!

Any NLCFN member is welcome to attend or be on the circulation list for the RIG. It doesn't matter whether people are research active or not. We will welcome input and ideas from any NLCFN member. If you would like to join the RIG or would like more information please contact info@nlcfn.net

Mesothelioma UK Research Grant - 2019

The 2019 Mesothelioma Nursing Research Grant funding round is now been launched. We welcome applications from any nurses wishing to conduct a project focusing on mesothelioma.

Information about the grants are available on the NLCFN website <https://www.nlcfn.org.uk/MesoUKGrant>.

Karen Lord and Catherine Henshall have now commenced their studies that were funded by this grant in 2018.

- Catherine Henshall, Oxford Brookes University will conduct a study on "Mesothelioma patients' experiences of follow-up care across three NHS trusts".
- Karen Lord, Leicester University Hospitals NHS Trust/Mesothelioma UK. Will conduct research on 'Living well' with mesothelioma: Improving the patient experience. A qualitative study".

Angela Tod

Chair of the NLCFN Research Interest Group. Professor of Older People and Care, School of Nursing and Midwifery, University of Sheffield.

Summary of the research achievements and activity of RIG this period.

NLCFN Small Grants

For 2018 we are delighted to announce the following small grants awards:

- Maria Guerin: Development of a mesothelioma personalized patient held record
- Salma Kadini: Lung cancer surgery patients' attitudes, perceived barriers and facilitators towards exercise: A Q- Methodology study.

The following projects, awarded small grants in 2017, were presented at the 2018 NLCFN conference:

- Hospital readmissions following lung cancer surgery within 30 days of discharge: Multi-Centred, prospective, three-month audit. Presented by Amy Kerr
- The impact of the lung cancer nurse specialist in facilitating a rapid access lung cancer clinic with remote access to the specialist clinician. Presented by Sarah Morgan:

The following projects, funded by NLCFN small grants were presented at IASLC in Toronto in Canada

- Hospital readmissions following lung cancer surgery within 30 days of discharge: Multi-Centred, prospective, three-month audit. Amy Kerr
- What do people with lung cancer and mesothelioma need from a recovery package? Josie Roberts
- Identification of Support and Information needs along the care Pathway for Patients with Non-Small Cell Lung Cancer (NSCLC) receiving treatment with curative intent. Jackie Fenemore

We are also delighted to let you know that John White has published an article on his NLCFN funded project on yoga to support recovery after lung cancer surgery. The link to his publication is

<https://bit.ly/2QPcSLH> .



RESEARCH NEWS



INTERNATIONAL ASSOCIATION FOR THE STUDY OF LUNG CANCER



IASLC
20th World Conference
on Lung Cancer

SEPTEMBER 7-10, 2019 BARCELONA, SPAIN



Call for Abstracts

From Nurses and Allied Healthcare Professionals

As the world's largest meeting dedicated to lung cancer and other thoracic malignancies, IASLC WCLC 2019 will include specific tracks and workshops designed to meet the educational needs of nurses and healthcare professionals who treat patients with lung cancer.



TRAVEL AWARD

IASLC is offering Nurses or Allied Health Professionals presenting an accepted abstract the opportunity to apply for a Travel Award that will come with a complimentary conference registration, 4 nights' accommodation and 1,000 USD to help offset travel expenses.

Important dates

January 8, 2019
Abstract Submission Opens

April 17 2019 (23:59 PST)
Abstract Submission Deadline

For more information Please visit wclc2019.iaslc.org or email membership@iaslc.org with any questions

#WCLC19

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RESEARCH NEWS



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Share your work

Why not consider submitting an abstract to any of the international conferences such as IASLC World Conference on Lung Cancer, BTOG, BTS or ESMO? Your abstract can also be submitted to NLCFN as we accept abstract submissions that have been submitted to other conferences. NLCFN offers support with poster production for any abstract accepted at a national or international conference

NLCFN Research database

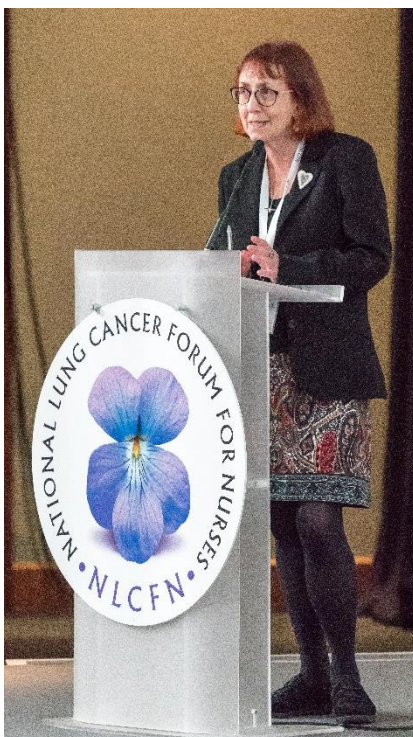
The NLCFN Research Interest Group has set up a database of research projects that NLCFN members are actively involved in. This will detail research projects and outputs.

Do let us know of any research projects that should be added to the database.

All you need to do is login

(<https://www.nlcfm.org.uk/user/login>) to the NLCFN website and then go to <https://www.nlcfm.org.uk/research-projects> to add the details of your research project

Goodbye from Angela



From November 2018 I will be standing down as Chair of the RIG. It's about 12 years since we first met to discuss establishing the RIG, when Liz Darlison was Chair of the RIG. It's now time for me to step down and hand over the baton to someone else.

It has been an absolute privilege and honour to work with the NLCFN as RIG Chair. It will be one of the defining and rewarding aspects of my career. The dedication and commitment you bring to your work is truly inspirational. I look forward to seeing what you all achieve in future years in practice and research.

Standing down as Chair of the RIG will help me to concentrate on conducting research in lung cancer and mesothelioma – so hope to be standing by my poster at future NLCFN events. See you all there!

MEMBER NEWS

New Committee Member

Congratulations to Pamela Rose who joins the NLCFN committee. Pamela applied following Jeanette Draffan's completion of her term of office. We wish Jeanette all the best as she spends some well deserved time with her horses and look forward to working with Pamela. Watch out for the next issue of the newsletter to learn more about Pamela and what she hopes to bring to the committee



Social media

Are you following NLCFN on Twitter? You can follow us at [@nlcfntweet](https://twitter.com/nlcfntweet). We post regular messages and help keep you up to date with current news and information.

Our Twitter feed includes a range of organisations and individuals whom we follow to help you to keep up to date with current topical news and events related to nursing, lung cancer and mesothelioma care.

Help us achieve our goal to double our followers by the end of the year

Want to make contact with other members?

Do you want to make contact with other members or find other lung cancer nurse specialists in a specific area. As a member, all you have to do is [login](#) to the website and then go to our [members directory](#) and you can search for and contact other members directly.

Make sure that your contact details are up to date by checking your profile when you login.

Goodbye Jeanette

I joined the NLCFN committee in November 2008 having been a Lung CNS for only 6 1/2 yrs. My first committee meeting was the following January at BTOG and I honestly felt a little out of my depth! There I was sat with fellow Lung CNS' who were talking about the plans for the coming year. They used acronyms and initials whilst talking about different groups like UKLCC, WLCC & IASLC etc and I thought "what the hell have I let myself in for." The committee were talking about sitting at meetings and changing practice. I was in awe of the my fellow colleagues. At the time and at that first meeting we discussed the roles we would all take on. The Roy Castle Foundation was mentioned so I volunteered to work with the charity as my first role. In that first year I worked with Roy Castle and Lilly Oncology to produce the first information DVD that is still used for patients today (although it has been updated!). During my ten years on the committee there have been four chairs, Liz Darlison, John White, Diana Borthwick and the current chair Vanessa Beattie. Each had brought something different to the table but all have the common focus, making sure that the Forum is a platform for Lung CNS to share practice and get peer support whilst developing services for Lung Cancer & Mesothelioma patients. In the following years my confidence grew on the committee and I became more comfortable with my knowledge and vocal in my contributions. One of the areas I have enjoyed most is the Annual Workshop and I have been involved nearly every year with the projects that change practice and improve patient care.

Over the last 10 years being on the committee has given me the confidence and skills to develop myself and to take on other challenges both personally and professionally.

I would encourage any Lung CNS who has the passion for patient care and education to put themselves forward as a committee member. You do need to afford time for meetings and other such activities that come with the role but the rewards are countless



EVENTS



BTOG Annual Conference 23-25 January 2019, Dublin

Registration for the British Thoracic Oncology Group Annual Conference 2019 is open. Now in its 17th year, the BTOG Annual Conference is for any member of the multi-disciplinary team, academics, researchers and healthcare industry professionals.

The programme is being finalised, but over the three-day educational event, attendees will be able to learn more about topics such as radiotherapy, translational oncology, immunotherapy, radiology, respiratory medicine, screening and mesothelioma.

BTOG is pleased to be able to offer a scholarship fund for healthcare professional who have submitted an abstract and will attend BTOG 2019. You must be a healthcare professional involved in care or treatment of patients with thoracic malignancies or involved in research within the UK. Please see the terms of reference and application form. Open for applications from 1st October to 30 November 2018.

Find out more and register here: <https://www.btog.org/home-page/btog-events/annual-conference/>

DATES FOR THE DIARY

23-25 January 2019

British Thoracic Oncology Group Annual Conference

<https://www.btog.org/home-page/btog-events/annual-conference/>**11/12 February 2019**

NLCFN Annual Workshop

<https://www.nlcfn.org.uk/nlcfn-annual-workshop>**26/27 March 2019**

European Oncology Convention

<http://www.oncologyconvention.com/>**27 Sept – 1st October 2019**

European Society for Medical Oncology

<https://www.esmo.org/Conferences/ESMO-2019-Congress>**7-10 September 2019**

IASLC World Conference On Lung Cancer

<https://www.iaslc.org/events/iaslc-20th-world-conference-lung-cancer-wcl19>**14 -15 November 2019****National Lung Cancer Forum for Nurses Annual Conference**<https://www.nlcfn.org.uk/annual-conference>**4-6 December 2019****British Thoracic Society, London**<https://www.brit-thoracic.org.uk/bts-learning-hub/bts-summer-and-winter-meetings/>